

# Mnemonics – Pectoral Region & Facts to Remember

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## Mnemonics – Pectoral Region

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### 1. Walls of Axilla

? “A Major Minor SubLat Serrat Humerus”

- **Anterior wall** ? Pectoralis **Major**, Pectoralis **Minor**
- **Posterior wall** ? Subscapularis, Latissimus dorsi, Teres major
- **Medial wall** ? Serratus anterior (with ribs)
- **Lateral wall** ? Humerus (intertubercular sulcus)

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### 2. Branches of Axillary Artery (1-2-3 Rule)

? “Screw The Lawyer, Save A Patient”

- 1st part ? Superior thoracic
- 2nd part ? Thoracoacromial, Lateral thoracic
- 3rd part ? Subscapular, Anterior circumflex humeral, Posterior circumflex humeral

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### 3. Branches of Thoracoacromial Artery

? “CAD-P”

- Clavicular

- Acromial

- Deltoid

- Pectoral

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#### 4. Axillary Lymph Node Groups

? “People Have Small Cute Arms”

- Pectoral (anterior)

- Humeral (lateral)

- Subscapular (posterior)

- Central

- Apical

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#### 5. Nerve Supply of Pectoralis Major

? “Major has Two Bosses”

- Supplied by both **Medial** and **Lateral** pectoral nerves.

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#### 6. Root Value of Long Thoracic Nerve

? “C5,6,7 keep the Wings to Heaven”

- Injury ? winged scapula (serratus anterior paralysis).

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## 7. Quadrants of Breast (for carcinoma site)

? “Upper Outer is the Winner”

- Upper outer quadrant ? most common site of carcinoma.

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## 8. Venous Drainage of Breast

? “AIM”

- Axillary vein
- Internal thoracic vein
- Most posterior intercostal veins

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## 9. Clinical Signs of Carcinoma Breast

? “DRaPe”

- Dimpling of skin
- Retraction of nipple
- Peau d'orange
- enlarged axillary nodes